



Friday 23 August 2024

DRAFT

[Registration link](#)

UNIVERSITY OF THE HIGHLANDS AND ISLANDS (UHI) ORKNEY

TIME	VENUE	SESSION	SPEAKERS
10:00 - 11:15	Lecture theatre	The Future of Social Prescribing	TBC
11:15-12:00	Conference room	Welcome Notes	Christopher Bailey (Arts and Health Lead, WHO) Nisha Sajnani PhD (Co-director, Jameel Arts & Health Lab, Associate Professor, NYU Steinhardt)
12:00 - 13:00	Lecture theatre	What the research tells us : the role of culture in health and wellbeing; national and international research	TBC
13:00 - 14:00		Music and social prescribing: opportunities for musicians working with community groups; case studies with a focus on singing	Baz Chapman (General Manager of the Singing for Health Network) Emily Foulkes (Director of Music for Good and the Singing for Health Network) Sue Moorchild (Social Prescriber for Wharfedale, Airedale & Craven Alliance)
14:00 - 15:15	UHI Conference room (and also available as part of Online HAS Programme)	Nurturing Healthy Island Communities through Culture: how Scottish islands are mobilising community cultural assets to improve health and wellbeing	Kathryn Gordon (Shetland Arts) Meghan McEwen (Board Chair, NHS Orkney) Mairi Morrison (Comann Eachdraidh Uibhist a Tuath /North Uist Historical Society)

THE BALFOUR HOSPITAL, KIRKWALL

12:00 - 12:45	The HUB	Live Dancing and music (Jazz duo) Open session	
13.00-14.00	Brodgar A Room	Performance – "Strangers in Time": neurology, personal experience, and stories from around the world to discuss transgenerational trauma & moderated discussion - "The Value of arts engagement in health"	Christopher Bailey (Arts and Health Lead, WHO) Nisha Sajnani PhD (Co-director, Jameel Arts & Health Lab, Associate Professor, NYU Steinhardt)
15.30-16.30	Brodgar A Room	Talk: Music, Health and Wellbeing: insights from a course exploring music, therapy, public health, and medicine to explore the relationship between music, health and wellbeing.	Chris Gray (Senior Lecturer, University of Aberdeen)